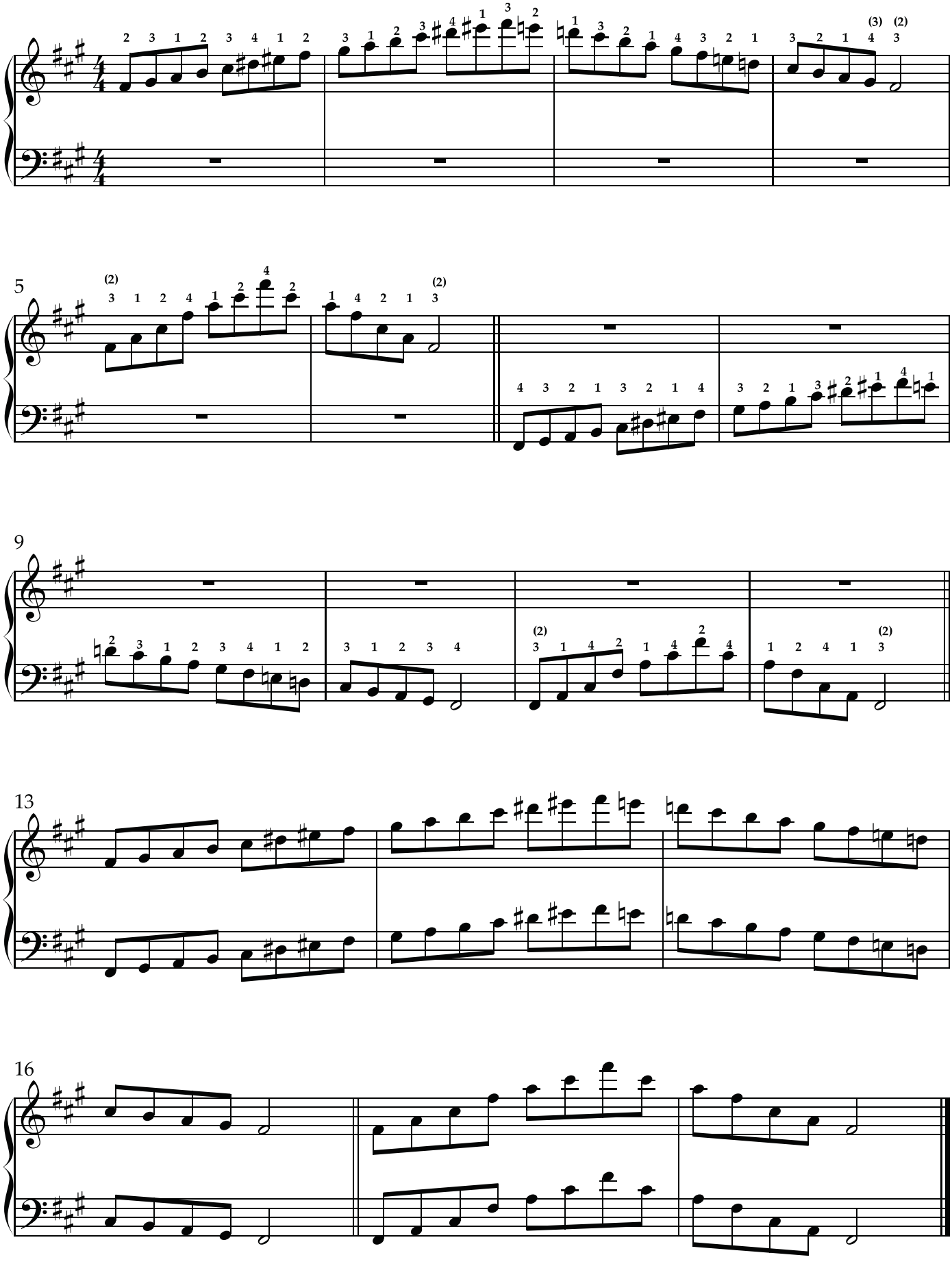F# Melodic Minor Scale & Arpeggio